



Below are just a few ways that your school can make a difference to Thomley and the children we support.

£20 could allow 5 children to use our **sensory room** which provides them with both a stimulating and therapeutic atmosphere to help to stimulate, develop or balance their sensory systems.

£50 could fund a **playworker for a day** to encourage children to participate in active play, promoting social interaction and helping to build their self-confidence.

£100 could fund the replacement and purchase of **sports equipment**. Sports activities enable children to develop and maintain physical strength and fitness contributing to their health and well-being.

£250 could fund a **creative workshop** for a group of children, which can help develop imagination, coordination and sensory awareness whatever their ability.

£500 could fund a day of supervised **art and craft activities** for 50 children to enjoy. Art and craft is something that all children can join in and helps them to build confidence in their ideas and ability.

*"Thomley is our safe haven. A place we go when we want to have fun as well as when we just want to be...be a family, be in a safe environment, be understood and accepted. Without Thomley there would be an enormous hole in our lives."
Carole - mother of two children with Down's Syndrome.*



School Fundraising

*Supporting disabled children,
their families, friends
and schools.*

However big or small, the fundraising your school does can really make a difference to Thomley and the children we support.



"The best bit about Thomley is you can make any decision on where you want to go, and no one will judge you! Thomley Rocks!"

Child at Thomley

www.thomleyhall.org

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A little bit about Thomley...

In an ideal world, disabled children would have the choice to play in the same places as their friends. Thomley is a fully accessible recreational facility where children with disabilities, their brothers, sisters and friends can take part in adventurous play activities together in a safe and welcoming environment.

Our facilities include a sensory room, adapted IT equipment, art and craft room, soft play area, music equipment, playground equipment and a fantastic 1km cycle track set in 7 acres of countryside.

What we do...

Through a fun and hands-on approach, Thomley provides a unique learning environment in which disabled and non-disabled children can grow together through play.

"Without Thomley, Thomas would never be able to experience the simple freedom of running safely, a space to be calm and just a place to be himself." Catherine – Mother of 6yr old autistic child.

Children who visit Thomley grow in confidence as they learn to understand each other's abilities, have fun and meet new friends.

Parents have the opportunity to meet other families who have disabled children, which can help to lessen feelings of isolation when meeting the challenges of bringing up disabled children. They can support each other, share experiences and learn how they can best support their children.

With regular community days we share our experiences and approaches by welcoming visitors from the local community who, with greater understanding and acceptance of disability issues, are more able to include disabled children within their daily community activities.

Why fundraise for Thomley?

Thomley has become a lifeline to hundreds of families. Parent and carers travel from 20 counties just to visit a facility which meets and understands their children's needs. The wide catchment area demonstrates just how essential the service is that Thomley provides.

Your fundraising is really important as it helps us to keep our centre running and support more children. We're a small charity so your donations make a big difference to the children and families that rely on Thomley.

How about getting involved...

The pupils in your school could adopt Thomley as their chosen charity and donate proceeds from any activities to help support the children who visit Thomley. Pupils are welcome to visit us to present the funds they have raised and see first hand the joy Thomley brings to disabled children.

*"I loved doing it. It was amazing. I didn't think that you could have so much fun raising money for charity!"
Annabel, Year 5 pupil*

School fundraising is a great way to help us raise vital funds and also a great way to raise awareness of disability and Thomley. We believe children taking part in fundraising to help other children is a great way to learn social responsibility whilst having fun!

*"It was fun to walk around the route and to think about the children that you were helping at the same time."
India, Year 4 pupil—sponsored walk*

How we can help...

- ☆ **Fundraising support from the team at Thomley.**
- ☆ **A pack with ideas & advice on planning your event.**
- ☆ **Information for an assembly or we can even come along and chat to your pupils.**
- ☆ **Arrange a class visit to Thomley. We can also arrange disability awareness days at the centre.**

For more information contact Ruth Dickson on **01844 338 380** or **ruth@thomleyhall.org**



Name of school.....
Name of contact.....
Contact details.....
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Proposed event.....
Brief outline of event.....
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Target money raised.....
What support/resources will you need from Thomley?.....
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Please return your completed form to:
Ruth Dickson, Thomley Activity Centre,
Menmarsh Road, Worminghall, Bucks HP18 9JZ